

# Liverpool Open 2024

## Event Information & Competition Details

Dear Clubs,

We are delighted to invite you to join us for our annual Liverpool Open competition. As in previous years, our competition aims to cater for a variety of ages and abilities. This year the competition will take place Friday 20th - Sunday 22nd September 2024. You may want to use this event as a chance to test out new routines in the lead up to upcoming competitions or just as another competition to gain valuable experience. Regardless of the reason we hope you come join us for an exciting and friendly weekend of gymnastics!

### **Important Competition Information / Dates**

**Competition Dates:** Friday 20th, Saturday 21st and Sunday 22nd September 2024.

**Entry Deadline:** 1st August 2024

**Music Deadline:** 1st September 2024

**Venue Details & Key Dates:** The City of Liverpool Gymnastics Club, Park Road Sports Centre, Steble Street, Liverpool, L8 6QH

### **Competition Levels**

Please see below all competition levels and age categories. All levels will follow the most up to date national rules except for the development category which will be based on adapted rules to allow younger gymnasts the opportunity to compete. We do ask that all coaches ensure gymnasts are placed in the appropriate level to ensure the competition is fair. All levels will be split into age categories which will be split based on entry numbers

Competition Level	Age Groups	Rules
FIG	FIG Senior FIG Junior FIG Aspire	Full FIG
National FIG Development 1,2,3	National FIG Development 3 National FIG Development 2 National FIG Development 1	National Rules - Gymnasts must have taken Excel 1,2 or 3 in the same year to enter this level.
Classic Challenge	Tin Zinc Copper Bronze Silver Gold	National Rules
Pre-Excel	Pre-Excel (2015s & 2016s ONLY)	Adapted Rules
Pre-Development	Pre-Development 2 (2017s ONLY) Pre-Development 1 (2017s & 2018s ONLY)	Adapted Rules

### **Awards**

All gymnasts will receive a participation medal. Individual apparatus and AA medals will be awarded for all age groups and categories outlined above along with rosettes for 4th - 6th AA. Artistry and special awards will be awarded across the entire weekend.

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### Spectators

Spectator tickets for this event will be sold on the door via **CASH ONLY** on a first come first serve basis.

Adult (16+): £8 / Child (5-16): £5 / Concession (Student/Disabled/65+): £5

### Judge & Coach Provision:

All clubs entering the Liverpool Open 2024 who are entering more than 2 gymnasts, must provide a **minimum** of one judge who is appropriately qualified to the level of their gymnasts competing. We understand there is currently a shortage of judges and therefore it would be greatly appreciated if any clubs have any spare judges who are able to attend the competition. Unfortunately clubs who are unable to provide at least one judge will be required to pay a supplement fee of **£150** which will be used to try and find a substitute judge. This fee must be paid on entry. Breakfast, lunch and light refreshments will be provided throughout each day of competition.

All coaches and gymnasts must be insured with British Gymnastics. It is the responsibility of the attending **club** to ensure that this is the case. The City of Liverpool Gymnastics Club takes no responsibility if this is not adhered to. Coaches must ensure that they are qualified to an appropriate level for the skills that their gymnasts are competing.

### Entry & Payment

Please complete the entry form attached and send directly via email to the competition organiser Emma Davies at [compacityofliverpoolgym@outlook.com](mailto:compacityofliverpoolgym@outlook.com) You will receive an email acknowledging your entry. Late entries will not be accepted and the club reserves the right to close entries early if maximum capacity is reached, therefore we advise early entry to secure your space.

Payment is to be made via BACS (please see details below). Entries will not be processed until payment is received. Please add your clubs name as reference when sending payment.

**Entry Fee:** £40 per gymnast

**Account Name:** City of Liverpool Gymnastics Foundation

**Account Number:** 80755575

**Sort Code:** 20-51-43

All music must be submitted by 1st September 2024. A dropbox link will be sent out for you to upload your music too. Please ensure all music is clearly labelled with the gymnasts name, level and club. Please ensure you bring a spare copy of your music with you on the day in case of any technical errors occurring.

We cant wait to welcome you all back for a jam packed weekend filled with lots of exciting gymnastics.

Kind regards,  
Emma Davies